

What is bullying?

Bullying is when somebody hurts you lots of times and on purpose.
This can be in different ways:

- Physical bullying, such as punching, kicking, pushing or hurting someone
- Verbal bullying, such as name-calling, teasing or spreading gossip on purpose and lots of times.
- Emotional bullying, such as leaving somebody out or making somebody feel sad on purpose and lots of times.
- Cyberbullying, such as sending unkind or upsetting messages on purpose and lots of time.



Malvern Parish CE Primary School Anti-bullying Policy



How can you stop bullying?

The only way to STOP bullying is to
Start Telling Other People

Tell a trusted grown up at home

Tell a teacher, teaching assistant or grown up at school

Tell a trusted friend to help you find a grown up

What happens to bullies at Malvern Parish?

- The class teacher will find out what has been happening by talking to all children involved and let the other grown ups in school know what's happening so they can help too
- The school will try to help the bully change their behaviour.
- Serious incidents of bullying will be dealt with by Mr Bream.



"I come that they may have life and have it to the full." John 10:10

"For I know the plans I have for you," declares the Lord. "Plans to prosper you and not to harm you. Plans to give you hope and a future." Jeremiah 29:11



Be a good friend



Show forgiveness when people make mistakes



Trust that someone will help



Stay calm; it'll be ok



Tell the truth



Treat others how you want to be treated